



# PaloAltoUniversity

## **Department of Student Success**

#### A QUICK REFERENCE GUIDE FOR STUDENTS SEEKING SUPPORT



#### STUDENT SUPPORT

- Individual & group tutoring
- Academic skills
   development such as
   time management, test taking, etc.
- Assist with communicating to faculty members if a student needs to miss classes for a day or so due to temporary life events
- Guide Leave of Absence (LOA) and Program Withdraw process
- Support during and returning from a LOA or re-entering PAU

StudentSuccess @paloaltou.edu 650-433-3836



## OFFICE OF ACCESSIBLE EDUCATION

- Work with students, faculty, and staff to ensure an equitable and inclusive environment for students with disabilities
- For more information about our services and the process for requesting accommodations, please visit our website.
- For assistance with requesting disabilityrelated accommodations, please review the <u>Student Disability</u> <u>Services Handbook</u>

OAE@paloaltou.edu



### INTERNATIONAL STUDENT SERVICES

- Assist international students with immigration benefits and regulations including: travel documents (I-20s, visas), and work permission
- Provide support and resources for adjusting to life in the U.S. and PAU
- All new F-1 visa international students are required to complete an international student orientation in their first quarter at PAU

<u>International@paloaltou.edu</u>



#### VETERAN STUDENT SERVICES

- Provide support and resources for all military affiliated PAU students.
- Facilitate post-911 GI
  Bill, Veteran Readiness
  and Education (VR&E),
  Dependents Education
  Assistance, and certain
  Tuition Assistance
  programs
- To find out what you need to do to get VA Educational Benefits set up at Palo Alto University, check out the <u>Veteran Student</u> Services

Veterans@paloaltou.edu



#### WRITING STUDIO

- Writing consultations at the <u>Writing Studio</u> are designed to teach various **strategies to enhance your writing**, research, editing, and proofreading skills.
- Writing coaches will not
   "fix your paper" for you,
   they will help you
   enhance your critical
   thinking, argumentation,
   and organization skills,
   empowering you to
   become a more
   confident and proficient
   writer for current and
   future writing
   assignments and tasks.

WritingStudio@paloaltou.edu



### OFFICE OF FINANCIAL AID

- Help students access financial resources including:
  - Scholarships
  - Loans
  - Federal Work-Study
  - Grants
  - Financial Literacy
- Both undergraduate and graduate students should complete the Free Application for Federal Student Aid (FAFSA) as early as possible every year so that Financial Aid can process your financial aid award in a timely manner.

F<u>inanciaAid@paloaltou.edu</u> 650-433-3824



#### **ACADEMIC RESOURCES**

The <u>University Catalog</u> and <u>Student Handbook</u> are your key place for detailed information on PAU policies and guidelines!

# FREE APA WRITING & STATISTICS SUPPORT!

These FREE pilot courses are designed to provide students with an introduction and to help you become familiar with relevant concepts. Students will learn basic fundamentals necessary to be successful in your scholarly work at PAU and potential future career as a researcher.

\*This is an optional course that is NOT part of any degree requirement.

Enroll in "Statistics For Student Success"



Sign Up Now!

#### **What To Expect:**

- Instructional Videos
- Downloadable Handouts
- Knowledge Checks
- Study Guides
- Learning Modules

**Enroll in "APA Writing" Course** 





#### **Access Your Free Grammarly Account Now**

Grammarly is an excellent resource to help hone effective communication and writing skills. Set up your FREE Grammarly account by following these steps:

- 1. Add <u>info@send.grammarly.com</u>, <u>info@em.grammarly.com</u>, and <u>donotreply@grammarly.com</u> to your contact list.
- 2.Go to

https://www.grammarly.com/enterprise/signup, create or log in to your PAU email account.

If you encounter issues setting up your account or have questions about using Grammarly, please contact the Writing Studio Director, Dr. Robert Randolph at <a href="mailto:rrandolph@paloaltou.edu">rrandolph@paloaltou.edu</a>.



#### **FREE 24 Hour Tutoring Now Available!**

The Writing Studio is thrilled to announce ThinkingStorm, a FREE writing resource available 24 hours per day, 7 days per week now available to PAU students! You can access ThinkingStorm to help them with statistics and writing, including ESL/ELL support. Whether you're tackling challenging problem sets or polishing essays, expert tutors are available around the clock to assist our students.

How to Access ThinkingStorm: Simply log in to Canvas, navigate the Writing Studio site, and look for the link to ThinkingStorm under Modules. From there, you will be able to connect with tutors any time they need help.





STUDENT PORTAL CONTACTS

















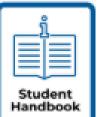


























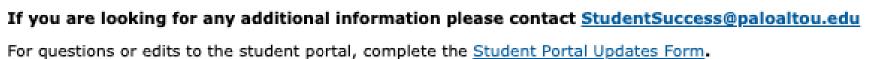


























### Your Virtual Health and Well-Being Resources

Available on the TimelyCare app or timelycare.com/PAU



#### MedicalNow

On-demand support for common health issues.



#### TalkNow

24/7, on-demand emotional support to talk about anything.



#### Scheduled Medical

Choose your preferred day, time, and medical provider.



#### Self-Care Content

Visit the "Self-Care" page for guided self-care content.



#### Scheduled Counseling

Choose your preferred day, time, and mental health provider.



#### Peer Community

Share your experiences with a nationwide network of students.





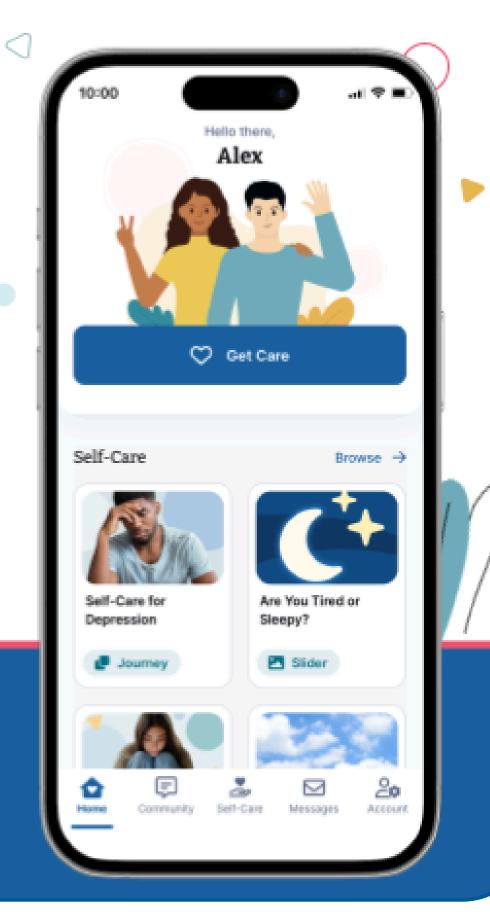


Scan the QR Code to access care.

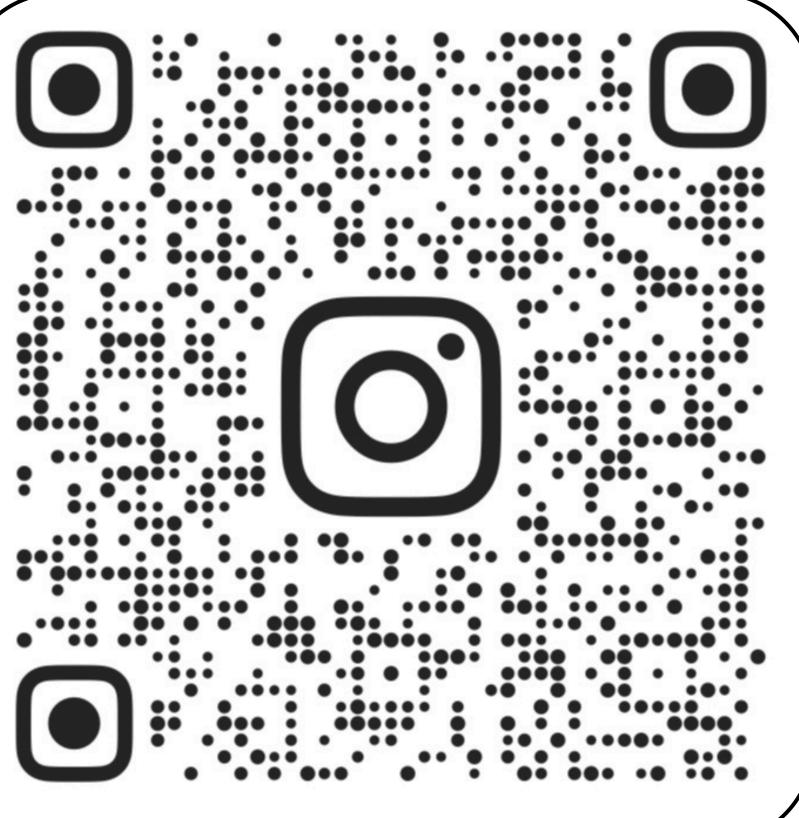












@PAU\_StudentSuccess